



About Families First Guildford

Families First Guildford is the coordination of Early Help services within the borough of Guildford. Guildford Nursery School leads Families First Guildford.

Guildford Family Centre sits within Families First Guildford and provides 1:1 targeted support for families. It also provides and coordinates some support for families with emerging needs from its two buildings.

Our family centre currently has two main sites based at Guildford Nursery School, Hazel Avenue and at The Spinney, Park Barn. After a successful partnership with Guildford Grove School for the past 5+ years, we have decided to use other venues both within Park Barn and further afield to enable greater access for families across the borough. Therefore, from 1st April 2025, our family centre team will be based at our Hazel Avenue site and we will hold various courses and groups at other venues on an ad hoc basis.

We work across the borough of Guildford, helping families with children up to age 18 (or 25 for those young people with additional needs).

We are a large team consisting of the Service Manager, 1 Team Leader, 1 Senior Family Support Worker, 6 Family Support Workers, and 2 Assistant Family Support Workers.

Family centres support families to find solutions to the parenting and relationship challenges they face and to grow in confidence to manage future difficulties. The aim of a family centre is to help families build their own resilience and support network.

We provide targeted one to one support for families who may be going through difficult times. We listen to the family to hear how they would like things to change and build on their strengths to make these changes. We will work with the family, but also with other agencies (such as schools, medical professionals etc.) to create a team around the family. Working together to meet the goals identified by the family.

We offer support for emerging needs through parenting courses, groups and our advice sessions. Please see our website for more information: www.familiesfirstguildford.com